

**C. Marston Ladd  
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**February 4, 2009**

To: Senator Jonathan A. Harris, Co-Chair  
Representative Elizabeth B. Ritter, Co-Chair  
Senator Gayle S. Slossberg, Vice Chair  
Representative Linda M. Gentile, Vice Chair  
Senator Dan DeBicella, Ranking Member  
Representative Janice R. Giegler, Ranking Member  
Honorable Members Of The Committee

Re: HB # 6310  
Corresponding Bill # 404

My name is C. Marston Ladd. I have lived in Old Saybrook since 1981, having been born in 1947 and raised in West Hartford, Connecticut. I am writing this testimony in support of House Bill # 6310. May I first thank Representative Marilyn Giuliano for her help in bringing my interest in this bill before you. She has been of outstanding support since I first mentioned my thoughts regarding this issue to her, and without her help I would have not gained the knowledge of how to go about bringing an issue before your committee. I would also like to thank the office of Senator Andrea L. Stillman and her Legislative Aide, Suzanne, for all her help with this issue.

Since reaching my senior years, I have been involved with many health issues of my own which before occupied little of my thoughts or time. As these issues have increased, it has been necessary for me to add to the list of physicians I see on a regular basis, and the need for medical tests and bloodwork have greatly increased as well. As I have added to the physicians I am required to consult, the issue of sharing these results has become a very necessary process for me. In order for my bloodwork results to be shared with anyone other than the physician ordering these tests, it is a requirement that the ordering physician name these other persons on the paperwork to the laboratory who will be doing the drawing of my blood.

As the time period between each appointment can be from three to six months, the physicians who also should be receiving the informational results can change. As an example, I have an appointment with my metabolic specialist in March Of 2009. The appointment in October was the time I received the order from this physician for the bloodwork to be drawn for the March appointment. Since October, I have changed my general practitioner and now need a new order for him to receive the results of this bloodwork, as my original general practitioner's name appears on the original bloodwork order. This can become very costly, as I might be required to repeat this bloodwork test if I am unable to

obtain a new order in time from the metabolic specialists office. How much more practical if, at the time of the bloodwork draw, I could simply request that all of my physician's names be added to the order so that they all might receive the results.

Consultation between my physicans is of utmost importance to my continued good health, and one of the most simple and cost effective ways of avoiding additional testing for each physician is in the ability of the laboratory to simultaneously send this information to all of them at my instructions. This currently is not an option for any patient as it is only the ordering physician who can direct this information. These tests are about my bloodwork and are paid by my insurance company whose premiums I am resonsible to cover. I am a strong believer in accountability, and the sharing of these test are about me being accountable for my own health and life.

I also strongly support the position that I should be able to receive some of the results of my bloodwork as well as the physician. As an example, I am a type two diabetic, and it is vital that I keep an accurate measure of the level of my glucose each and every day to help determine the proper amount of medication I should be administering to myself to keep myself healthy. The three month measure of their glucose levels is something every diabetic should understand, and be able to adjust their behaviors to accomodate. These levels are not currently available to me except through my physician. I believe they should also be available to me, as this disease is one that each individual is very responsible to help control on a daily basis, with the occasional meeting with their physician. Again this is about my accountability for my own behavior and my own life.

There are other results that should be available to each individual in addition to their physicians, such as chlorestoral levels as each of us can determine our eating habits that can have great impact upon these levels. The release of results that we as individuals can understand and act upon to correct is of utmost importance, and I urge the committee to allow this bill 6310 to help correct this problem.

I am not requesting that all bloodwork be released to us as individuals, as I well understand a lay persons inability to understand many of these tests, and the consequences of misunderstanding these results, but understandable issues each of us deals with on a daily basis should not be denied to us.

I would like to thank the committee for their time and interest in this issue, and wish I had been able to be there in person to testify about this bill.